



# ABBEY LANE PRIMARY

## SPRING SUMMER 2023



WEEK ONE		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 17/04/23 : 08/05/23 : 29/05/23 19/06/23 : 10/07/23 : 31/07/23 21/08/23 : 11/09/23 : 02/10/23	Main Course	Cheese & Tomato Pizza with Diced Potatoes	Italian Chicken with Mixed Rice	Roast Chicken with Roast Potatoes & Gravy	Sausage Pasta Bake	Fish Fingers with Chips & Tomato Sauce
	Vegetarian Main Course	Cheesy Pea Pasta	Beany Tomato Ragù with Cous Cous	Quorn Roast with Roast Potatoes & Gravy	Vegetable Sausage Pasta Bake	Veggie Nuggets with Chips & Tomato Sauce
	Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans, Salmon Mayo or Tuna Mayo
	Vegetables	Mixed Vegetables Mixed Salad	Garden Peas Carrots	Cauliflower Cabbage	Green Beans Sweetcorn	Baked Beans Garden Peas
	Dessert	Oat & Raisin Cookie	Chocolate Sponge with Chocolate Sauce	Ice Cream & Banana	Vanilla Blondie & Apple Wedges	Strawberry Cake
WEEK TWO		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 24/04/23 : 15/05/23 : 05/06/23 26/06/23 : 17/07/23 : 07/08/23 28/08/23 : 18/09/23 : 09/10/23	Main Course	Rainbow Pizza with Half Jacket Potato	Beef Burger with Potato Wedges	Roast Gammon with Roast Potatoes & Gravy	Chicken Tikka Curry with Mixed Rice	Fish Fingers & Chips with Tomato Sauce
	Vegetarian Main Course	Veggie Meatballs with Tomato Sauce & Pasta	Veggie Burger with Potato Wedges	Quorn Roast with Roast Potatoes & Gravy	Cheese & Onion Pastry Roll with Potato Wedges	Bean Bake & Chips with Tomato Sauce
	Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo
	Vegetables	Sweetcorn Garden Peas	Green Beans Cauliflower	Carrots Savoy Cabbage	Mixed Vegetables Sweetcorn	Baked Beans Garden Peas
	Dessert	Flapjack Finger	Chocolate & Banana Muffin with Apple Wedges	Jelly & Mandarins	Fruity Jam Buns & Custard	Chocolate Ice Cream
WEEK THREE		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 01/05/23 : 22/05/23 : 12/06/23 03/07/23 : 24/07/23 : 14/08/23 04/09/23 : 25/09/23 : 16/10/23	Main Course	Cheese & Tomato Pizza with Potato Wedges	Pork Hot Dog with Baked Potato Wedges	Roast Chicken with Roast Potatoes & Gravy	BBQ Chicken & Vegetable Burritos with Mixed Rice	Fish Fingers & Chips with Tomato Sauce
	Vegetarian Main Course	Tomato Pasta	Veggie Mince Pasta Bake	Quorn Roast with Roast Potatoes & Gravy	Chickpea & Potato Curry with Mixed Rice	Cheese Flan & Chips with Tomato Sauce
	Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo
	Vegetables	Mixed Vegetables Garden Salad	Garden Peas Sweetcorn	Cabbage Cauliflower	Green Beans Carrots	Baked Beans Garden Peas
	Dessert	Chocolate Shortbread Biscuit	Fruity Flapjack with Banana	Oaty Crunchy Biscuit	Apple Sponge & Custard	Chocolate Crispy Crunch

**Yoghurt and fruit will also be available each day as an alternative to dessert. A selection of breads, salads and fresh drinking water will be available daily.**

Colours in the left column represent the band colour your child should choose for the meal that day