



RHE – Year 2

At Abbey Lane, we follow the Sheffield Schools Relationships and Health Education scheme, which is based on the National Curriculum for RHE

Autumn	Spring	Summer
Relationships- Family and Friends	Community- Our communities	Health & Wellbeing- Mental wellbeing – understanding my feelings.
Pupils will discuss: When should I say no? Who owns my body? I do! Are all families the same? Should friends tell us what to do? How do we stop bullying?	Pupils will discuss: The importance of respecting others and being treated with respect. Courtesy and manners What makes us different?	Pupils will discuss: Where do feelings come from? Who am I? What helps me to be happy?