



Citizenship – Year 3

At Abbey Lane, we follow the Sheffield Schools Relationships and Health Education scheme, which is based on the National Curriculum for RSHE.

Autumn	Spring	Summer
Relationships- What makes a family?	Community- Our communities	Health & Wellbeing- Physical health – staying healthy
Pupils will discuss: Do families always stay the same? Are all families like mine? How should we treat people who are different? Change and loss; including bereavement	Pupils will discuss: How do we make the world fair? Where do you feel like you belong? How can we help the people around us? Recognise risk and keeping safe around roads and railways	Pupils will discuss: How do I keep my body healthy? How do I get a healthy diet? How do I stop getting ill? How do I save a life?