



Citizenship – Year 4

At Abbey Lane, we follow the Sheffield Schools Relationships and Health Education scheme, which is based on the National Curriculum for RSHE.

Autumn	Spring	Summer
Relationships- Friends; healthy friendships and first aid	Community- Online safety	Health & Wellbeing- Mental wellbeing – understanding my feelings
Pupils will discuss: What makes a good friend? Are all friends the same? Are friendships always fun? How to make a clear call for emergency and concepts of basic first aid To know how to make a phone call to emergency services. To understand risk when around water.	Pupils will discuss: Online strangers Friendship online and cyberbullying Personal information and keeping data private Taking a critical approach to what they see online To understand online relationships.	Pupils will discuss: How do I manage my feelings? Are we happy all the time?