

PROGRESSION OF DISCIPLINARY KNOWLEDGE – RHE

Relationships (family and friends)

FS2	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<ul style="list-style-type: none"> - See themselves as being a member of their family. - Begin to name people who are familiar to them. 	<ul style="list-style-type: none"> - Identify who is in their family. - Identify special people in their lives - Start to discuss what a secret is and what it means. - Recognise the responsibilities an adult and child should have towards each other, such as feeling loved, cared for and safe in our homes. 	<ul style="list-style-type: none"> - Talk about how families should treat each other - Recognise how to play with friends - Begin to talk about appropriate touch - Discuss what teasing and bullying is. - Know how to report concerns. 	<ul style="list-style-type: none"> - Understand how families don't always stay the same. - Discuss how to keep a happy friendship - Begin to discuss how our actions can affect our friends. 	<ul style="list-style-type: none"> - Understand how all families are all different. - Discuss acceptable and unacceptable touch. - Identify ways to solve issues between our friends 	<ul style="list-style-type: none"> - Recognise what marriage is and why it happens. - Recognise how to work cooperatively with negotiation and compromise - Discuss consequences and what they could be 	<ul style="list-style-type: none"> - Express positive opinions regarding different types of families. - Discuss and articulate the right to privacy. - Identify what an unhealthy friendship/ relationship is.

Living in the wider world

(Globally and locally, our communities and us as citizens within them)

FS2	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<ul style="list-style-type: none"> - Show sensitivity towards different beliefs - Begin to understand that different communities celebrate special times in different ways 	<ul style="list-style-type: none"> - Continue to develop a positive attitude to the community and beliefs around us. - Ask questions about people in the community and understand the different groups that live there. 		<ul style="list-style-type: none"> - Discuss community issues - Be a part of the community and understand the different groups that work there. - Discuss and debate community issues - Appreciate community difference and diversity across the UK 		<ul style="list-style-type: none"> - Recognise law and anti-social behaviour - Know my rights, responsibilities and duties within the community and beyond. - Discuss human rights, the rights of children, British law and cultural practices - Be part of a community that supports other communities 	

Health and wellbeing (mental and physical health)

FS2	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<ul style="list-style-type: none"> - Begin to express their own feelings - Be increasingly independent when getting ready - Begin to understand why we have routines 	<ul style="list-style-type: none"> - Recognise my own feelings and who I can share them with - Recognise what keeps our bodies healthy - Recognise good hygiene routines - Ask questions about loss and change - Know how my behaviour can affect other people's mental wellbeing - Discuss how to make healthy choices - Recognise what they are good at - Know the correct names for body parts - Discuss how to be more independent 		<ul style="list-style-type: none"> - Discuss how to recognise other people's feelings - Ask questions about how to respond to other people's feelings - Recognise good food choices and what makes a balanced diet - Begin to recognise what they are good at and set a goal - Describe difficult feelings and discuss how to manage them - Ask questions about when it is appropriate to keep something confidential and when to break the confidence - Discuss a balanced diet and making the right food choice - Begin to talk about drugs that are common to everyday life - Recognise what they are good at and set goals - Discuss life changes and how to deal with these 		<ul style="list-style-type: none"> - Explain how to respond to other people's feelings - Talk about what positively and negatively affects our health - Recognise the benefits of a balanced diet - Discuss what they are good at and set goals and aspirations - Discuss how to manage complex feelings Discuss how to cope with bereavement and grief - Confidently respond to other people's feelings in a mature and appropriate way - Begin to discuss images in the media and reality and how these can affect self esteem - Discuss the risk of drugs - Identify what they are good at and think about how goals and aspirations can be achieved - Discuss puberty and human reproduction - Discuss and understand how babies are created and the laws of this (Optional SRE) 	