



RSHE – Year 2

At Abbey Lane, we follow the Sheffield Schools Relationships and Health Education scheme, which is based on the National Curriculum for RSHE.

Autumn	Spring	Summer
Community- Our communities	Relationships- Family and Friends	Health & Wellbeing- Mental wellbeing – understanding my feelings.
Pupils will discuss: How do we make a happy school? Who lives in my neighbourhood? What makes a boy or a girl?	Pupils will discuss: When should I say no? Who owns my body? I do! Are all families the same? Should friends tell us what to do? How do we stop bullying?	Pupils will discuss: Where do feelings come from? Who am I? What helps me to be happy?